



Carers Assessment of Needs (C.A.N.)

The New Zealand Positive Ageing Strategy promotes the ideal that all people be able to live in the community in the way they choose. This has and will continue to have an impact on the informal carers of people of all ages with support needs. Informal carers are people such as: mothers, fathers, daughters, sons, spouses, relatives and friends who assist people within their homes without being paid for the support given. Research has shown that most support comes from informal carers, and that 66% of the carers suffer some effects on their own health. We hope that by this study we will be able to highlight support areas which the carers feel they would benefit from.

The study aims to (i) assess the areas which will assist carers of people with support needs (ii) reduce the number of people with carer stress, (iii) improve the satisfaction of the people with support needs living at home.

We are hoping to talk with as many carers as possible throughout New Zealand to get a real idea of what carers feel are areas which need improvement.

If you are interested in participating in this study which will just involve one 30 minute telephone call from one of the researchers, we would love to hear from you. You will be asked about the assistance you receive, and if there are any improvement which you could suggest. The information you give will be entirely confidential. You will not be identified in the report in any way.

To participate in the study please call the toll free line **0800 579351** and either speak to the researcher, or leave your name and address and we will send you an information sheet and consent form with a reply paid envelope. If you would prefer to email that would be great also. When we receive the consent form back we will phone you and arrange a suitable time for the telephone interview.

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