

EMERGENCY NUMBERS

Mental Health Crisis Services

Central Auckland	0800 800 717
West Auckland/Rodney	837 6603
North Shore/East Rodney (Ask for CAT Team)	486 1491
South Auckland (Ask for CAT Team)	270 4742
Community Mental Health Centre North (After Hours)	486 8900
Community Mental Health Centre – Waitakere Team 1	839 0500
Community Mental Health Centre – Waitakere Team 2	822 8600
Mental Health Services For Older People (After Hours)	270 4742
Northland Mental Health Crisis Team	(09) 430 4100