

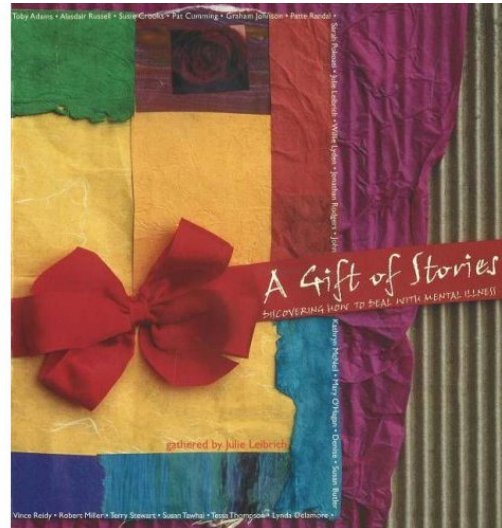
[A GIFT OF STORIES – Discovering How To Deal With Mental Illness](#)

Editor: Julie Leibrich

Publisher: University of Otago Press

The life stories in this book are by people who, at some point in their lives, have been diagnosed with a mental illness which they have learned to deal with. They have found the courage to speak publicly about their experience in a world which is still prejudiced against people with mental illness.

The book is a source of inspiration for anyone with mental illness and their family and friends, a unique teaching tool for people working in the mental health area, and a way of opening doors on mental illness and letting in some light, for us all.



Stories from: Toby Adams, John, Susan Butler, Denise, Susie Crooks, Pat Cumming, Lynda Delamore, Graham Johnson, Julie Leibrich, Willie Lyden, Kathryn McNeil, Robert Miller, Mary O'Hagan, Sarah Pokoati, Patte Randal, Vince Reidy, Jonathan Rodgers, Alasdair Russell, Terry Stewart, Susan Tawhai, and Tessa Thompson.

Julie Leibrich is a writer and researcher on justice. She is a former Mental Health Commissioner. Her books include *Straight to the Point: Angles on Giving Up Crime*.