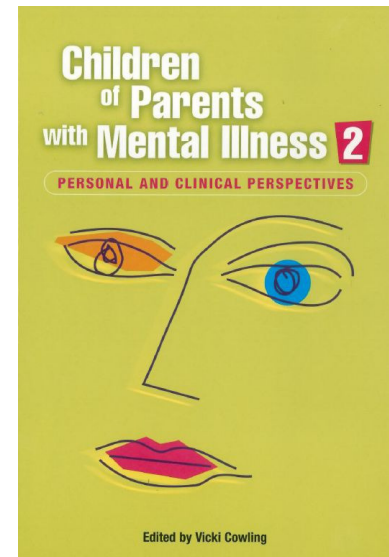
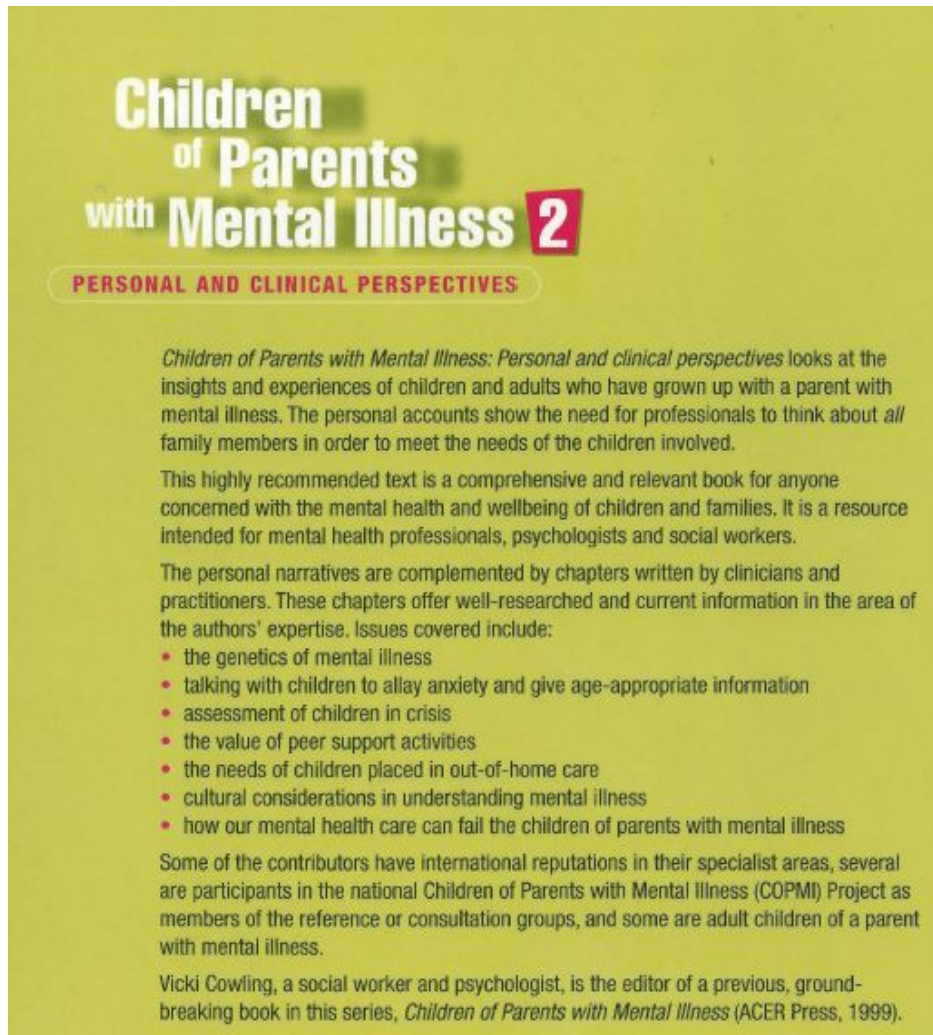


CHILDREN OF PARENTS WITH MENTAL ILLNESS

Personal and Clinical Perspectives

Edited by Vicki Cowling
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“The book includes the insights and experiences of a child and adults who live with, or grew up with, a parent with mental illness. Their personal accounts clearly show the need for children to belong, to have someone to talk to, and the imperative of thinking of all family members when a parent has a mental illness. These issues are also highlighted in other chapters which address: talking with children, thinking systematically about adolescents, a child’s psychotherapy, placement away from home, cultural considerations and peer support activities. In fact, the themes and issues in each chapter of the book are clearly reflected in other chapters, giving the book a powerful synergy....”

“The final chapter of the book argues strongly for maintaining the dimensions of development and a family context in the provision of mental health care, especially to children and young people, rather than abandoning these approaches in favour of those which are behaviourally focused and ‘stripped of meaning and motives’.” – Vicki Cowling

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