

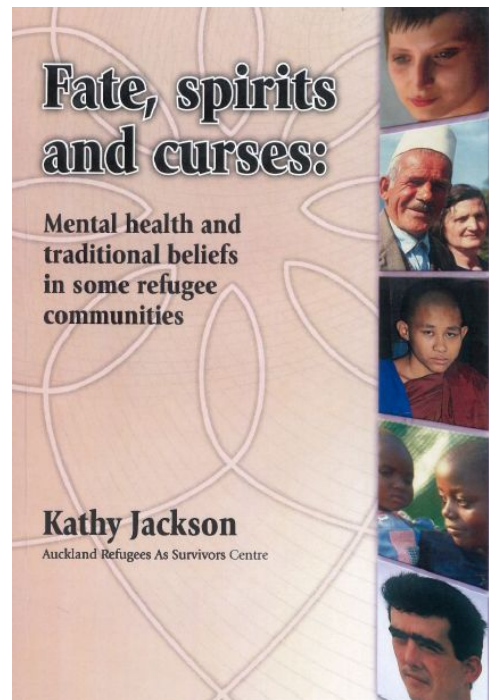
FATE, SPIRITS AND CURSES

Author: Kathy Jackson

Publisher: Auckland Refugees As Survivors

Mental health and traditional beliefs in some refugee communities.

Fate, spirits and curses draws on firsthand experience and wide research to outline some traditional beliefs about the nature, causes and management of poor mental health within refugee communities from the Middle East and North Africa, now living in New Zealand.



Because culture is an important factor in how clients or patients interact with mental health practitioners and comply with treatment regimes, cultural issues are also outlined. This book outlines specific issues that arise when children are clients, when clients hold different religious beliefs from the practitioner, and when clients have suffered torture.

The author, Kathy Jackson, is an experienced teacher and psychologist, and serves as a research officer at the Auckland Refugees as Survivors Centre.

This book is an invaluable aid for nurses, social workers, physiotherapists, doctors and others who have clients with a refugee background.